

COUNSELING NEWSLETTER

September Edition 2025

Meet the
Counseling Team
Mrs. E and
Interns, Mrs.
Narah and Mrs.
Colleene

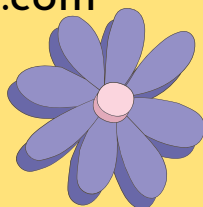
WE ARE OFF AND RUNNING!

Dear Families,

I'm thrilled to be your school counselor this year and can't wait to support your child's growth and success! As teachers get to know their students, they may refer them for small group or individual counseling sessions. These can focus on a variety of topics, such as academic achievement, social or friendship skills, emotional regulation, grief, and more. If you have any questions or would like to connect, please feel free to reach out—I'm here to help!

Warmly,

Mrs. E tedrington@powayusd.com



September counseling events

TK SEL Lessons - Hands are for Helping
Kindergarten SEL lessons - Including friends

Start with Hello Week 15-19
Monday-All students given name tags and encouraged to say hello to everyone they see:)



Tuesday-Photo Booth

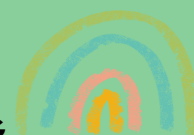


Wednesday Hello Grams

Thursday-Bonding with Games



Friday-Chalk Art and Music



4th Grade SEL Lessons - Self Awareness



Leadership RUSH DAY

September 18th at Recess
Come learn about all our Leadership opportunities for grades 3rd- 5th

Character Coaches lead the recess game table and welcome new Students

Applications Due September 23

Hope Squad is a student leadership program. Hope Squad members are trained to recognize students who may need extra support, and refer their peers to trusted adults. The leaders deliver class lessons throughout the year to build a school wide sense of belonging.

Students Selected **By DATE- September 30th**