



"...Knowing there are men and women back home who understand and appreciate some of the sacrifices made is a source of strength and comfort..."

USAF Captain

## WISH LIST

Items our American heroes say they miss most

| SNACKS  |   |  |
|---|---|--|
| <ul style="list-style-type: none"> <li>Pringles</li> <li>Trail Mix</li> <li>Instant Oatmeal</li> <li>Granola Bars</li> <li>Cookies</li> <li>Crackers</li> <li>Power Bars</li> <li>Nuts</li> <li>Slim Jims</li> <li>Beef Jerky</li> <li>Coffee &amp; Filters</li> <li>Hot Chocolate Packets</li> <li>Tea Bags</li> </ul> | <p><b>!</b></p> <ul style="list-style-type: none"> <li><b>✗ NO Glass</b></li> <li><b>✗ NO Aerosol</b></li> <li><b>✓ Single-serve</b></li> <li><b>✓ 16 oz. size</b></li> </ul> <p><b>!</b></p> | <ul style="list-style-type: none"> <li>Pop Tarts</li> <li>Easy Mac Microwave Cups</li> <li>Tuna Fish</li> <li>Chicken</li> <li>Peanut Butter (plastic only)</li> <li>Jelly/Jam (plastic only)</li> <li>Drink Mixes (single-serve)</li> <li>Chocolate Milk</li> <li>Yoo-Hoo</li> <li>Soup</li> <li>Cereal (single-serve)</li> <li>Chili, Stew, Pasta (16 oz. or smaller)</li> <li>Gum &amp; Lifesavers</li> </ul> |
|   | <p>Condiments: ketchup, mayo, mustard, salt &amp; pepper, hot sauce, etc. (single-serve)</p> <p>Candy (1 lb. bag or smaller)</p> <p><b>NO LOOSE CANDY</b></p>                                 |  |

| TOILETRIES  |  |   |
|---|--|---|
| <ul style="list-style-type: none"> <li>Foot Powder</li> <li>Feminine Hygiene Products</li> <li>Hand Sanitizers</li> <li>Baby Wipes</li> <li>ChapStick/Lip Balm</li> <li>Eye Drops</li> <li>Sunblock</li> <li>Insect Repellent (non-aerosol ONLY)</li> <li>Disposable Razors</li> <li>Shave Cream (non-aerosol ONLY- available at dollar stores)</li> <li>Toothbrushes &amp; Toothpaste</li> <li>Dental Floss &amp; Mouthwash</li> <li>Eyeglass Cleaning Wipes</li> <li>Skin Moisturizer</li> <li>Deodorant</li> </ul> | <p><b>!</b></p> <ul style="list-style-type: none"> <li><b>✗ NO Glass</b></li> <li><b>✗ NO Aerosol</b></li> <li><b>✓ 16 oz. size</b></li> </ul> <p><b>!</b></p> | <h3>SUNDRIES</h3> <ul style="list-style-type: none"> <li>Batteries</li> <li>Undershirts</li> <li>Boxers</li> <li>Crew Socks</li> <li>Word Games, Books, Comics</li> <li>Playing Cards, Dominoes</li> <li>Air Fresheners (hanging car type)</li> <li>Hand Warmers</li> <li>Band-Aids</li> <li>Laundry Detergent (individual size)</li> <li>Dryer Sheets (Bounce, etc.)</li> <li>Zip-loc Bags (gallon &amp; quart sizes)</li> </ul> |
|   | <p>Q-tips</p> <p>Nail Clippers &amp; Files</p> <p>Shampoo &amp; Conditioner</p> <p>Hair Brushes &amp; Combs</p> <p>Hair Clips, Ties, Bands</p>                 |   |

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