Zones of Regulation

Parent Education Night

Wondering how to help your child with big emotions?

Wondering what we mean when we say Zones of Regulation?

Wondering how to work with your child

when their “lid is flipped?”

Come learn with us!

Choose whatever date below works best with your schedule (RH will be more focused on middle school students)

**Tues, Oct 17 @ Oak Meadow**
**Thurs, Oct 19 @ Silva Valley**
**Tues, Oct 24 @ RHMS**

All start times are 6:00 pm

BUCKEYE UNION SCHOOL DISTRICT