

## October Check-in: Nurse Notes!!

As our health team has returned to school sites and learned two new computer systems, we continue to catch up auditing of immunization records and going through our new system health alerts to see if students may benefit from a health plan. It is critical for parents to make sure staff is informed of medical concerns and medications. If your child needs a medication while at school (even a prescribed inhaler they carry, or over-the-counter medication like ibuprofen or cough drops), CA Education Code requires we obtain a medication form (see more below). We hope your child has had an excellent return to school!!

Health plans: If your child has a health plan, it was rolled over each school year unless their health concerns are resolved. Please reach out to your child's school health office or school nurse if you wish to edit or review your child's plan. If your child has a health concern that you feel might warrant a health plan, please let us know. If your child has a medication dependent health plan, e.g. epinephrine, albuterol, etc. or if your child needs any medication while at school (anything prescribed or with an "active ingredient") PLEASE complete the medication form with your physician as soon as possible. A NEW FORM is required every year by CA Education Code for any medications. If you have a print out from your child's provider that lists the medication, route, timing (e.g. 9AM, PRN), frequency, diagnosis you can sign and attach it to our permission form. Our district medication form is found at the district webpage under health services: https://docs.google.com/document/d/1tGwETMJoaUeAcCXvuZVIZkEzlvMpBsH3sGUT1q0\_hyY/edit#heading=h.gjdgxs

<u>Immunizations</u>: In general, kindergarten students, new students or those advancing into 7th grade have requirements for immunizations at these critical grade points that can be found at the document link below. *We must by law exclude students who do not meet the immunization requirement*. Students without immunizations in progress (and not yet due) or missing boosters, incomplete records, expired medical exemptions or belief statements will be excluded from school. If you receive an email or letter about missing immunizations, review these materials carefully especially *IF your child has immunizations in PROGRESS. Review page two of the IMM-231 for spacing. If your child is OVERDUE, your child will be excluded.* 

For more information about medical exemptions, please review the CAIR-ME site: <a href="https://cair-me.cdph.ca.gov/">https://cair-me.cdph.ca.gov/</a>
<a href="https://cair-me.cdph.ca.gov/">What's required: <a href="https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/IMM-231.pdf">https://cair-me.cdph.ca.gov/</a>
<a href="https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/IMM-231.pdf">https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/IMM-231.pdf</a>

**WHAT ELSE**? The first months of school tend to be WARM. Make sure your child is ready for school and has a water bottle to stay hydrated, is well-rested and is wearing sunscreen and has appropriate clothing for an active, warm school day...

Illness Guidance can be found here: <a href="https://drive.google.com/file/d/1Pp7x3zFxBcXBifd9gzwgOgYwS2sg4NBt/view">https://drive.google.com/file/d/1Pp7x3zFxBcXBifd9gzwgOgYwS2sg4NBt/view</a>
In general – anyone with a fever or vomiting should stay home 24 hours fever/vomiting free without use of medications.

Our health office loves donations to keep things healthier and happier – consider donating cleansing wipes, zip style plastic baggies and we can also use sport shorts or stretchy pants and sweats or hoodies and sweaters (gently used items for elementary grades, especially in small to medium). Thank you for your support!

Best regards from your Buckeye Union School District School Nurses: Tristan Kleinknight & Sandy Chavez <a href="mailto:tkleinknight@buckeyeusd.org">tkleinknight@buckeyeusd.org</a> & <a href="mailto:school-buckeyeusd.org">schavez@buckeyeusd.org</a>

## SCHOOL NURSE RESOURCES:

More information on medications in schools: <a href="http://www.cde.ca.gov/ls/he/hn/documents/medadvisory.pdf">http://www.cde.ca.gov/ls/he/hn/documents/medadvisory.pdf</a>
More information on First Aid standards: <a href="https://emsa.ca.gov/wp-content/uploads/sites/71/2017/07/EMSC">https://emsa.ca.gov/wp-content/uploads/sites/71/2017/07/EMSC</a> Interactive Final.pdf
More information on school health services can be found here: <a href="http://www.cde.ca.gov/ls/he/hn/">https://emsa.ca.gov/wp-content/uploads/sites/71/2017/07/EMSC</a> Interactive Final.pdf

Here's the health team:

## Tristan Kleinknight, MSN RN PHN: School Nurse for:

Blue Oak Elementary: Health Clerk II, Joy Clark MA

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Camerado Springs: Health Clerk I, Tammy Collins

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Valley View Montessori: Health Clerk I, Carmela Bucci

916-939-9640 x3330, Fax 916-939-5015

## Sandy Chavez, MSN RN PHN: School Nurse for:

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Silva Valley Elementary: Health Clerk I, Tara Nakano

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