

September 8, 2023

Dear Horizon Community,

Over the next few weeks, the Horizon Community Middle School Mental Health and Counseling Team, in conjunction with all Cherry Creek middle schools, will be presenting an evidence-based, suicide prevention curriculum called Signs of Suicide (S.O.S.) to students. This curriculum is designed specifically for middle school students and proactively addresses how to recognize the difference between normal adolescent turmoil and the warning signs of depression and suicide.

The S.O.S. lessons will be conducted by Horizon Community's mental health and counseling professionals during your student's Science class period on the dates identified below:

<b>6<sup>th</sup> Grade</b>	<b>7<sup>th</sup> Grade</b>	<b>8<sup>th</sup> Grade</b>
<u>Dill's Class:</u> Wednesday 10/4/23	<u>Senbeta's Class:</u> Wednesday 9/20/23	<u>Young's Class:</u> Monday 9/25/23
<u>Esquivel' Classes:</u> Thursday 10/5/23	<u>Debow's Class</u> Thursday 9/21/23	<u>Naranjo's Class:</u> Tuesday 9/26/23
<u>Young's Class:</u> Friday 10/6/23		<u>Pacaro's Class:</u> Thursday 9/28/23

These lessons teach students positive coping strategies as well as how to recognize warning signs, how to respond when others may be struggling, and how to report safety concerns. Our mental health and counseling team will also be available to support students who need to discuss the topic further.

If you have any concerns or questions about your child's participation in this presentation, please contact your child's school counselor at the applicable email address or phone number below.

- 6th Grade
  - o Jessica Colson at [jcolson4@cherrycreekschools.org](mailto:jcolson4@cherrycreekschools.org) or 720-886-6119 OR
  - o Susan Krueger at [skrueger@cherrycreekschools.org](mailto:skrueger@cherrycreekschools.org) or 720-886-6207
- 7th Grade
  - o Neo Henry at [nhenry5@cherrycreekschools.org](mailto:nhenry5@cherrycreekschools.org) or 720-886-6112
- 8th Grade
  - o Giselle Bustamante at [gbustamante2@cherrycreekschools.org](mailto:gbustamante2@cherrycreekschools.org) or 720-886-6124

We appreciate your support as we strive to share this very important information with our students.

Sincerely,

**Horizon Community Middle School  
School Counseling and Mental Health Departments**